



25 Everton Drive, Mernda 3754
PO Box 222, Mernda 3754
Telephone: 9717 7900
Fax: 9717 7999
Mernda.ps@edumail.vic.gov.au

BUNDOORA DISTRICT SCHOOL CROSS COUNTRY WEDNESDAY 23rd MAY 2018

Dear Parents,

Your child has been selected to participate in the Bundoora District School Cross-Country Competition to be held at Bundoora Park, Plenty Rd Bundoora on Wednesday 23rd May 2018. The bus will leave school at 9.00am and return at approximately 1.30pm.

The cost will be \$14.00.

Children MUST wear their full school sport uniform and appropriate running shoes to participate, as well as something warm to wear before and after running. They should also bring a drink (no glass please) and snack to eat after running. In the event of wet weather, children may need a dry school uniform to change into. Attached is an outline of the day's events however this may be subject to change based on the weather and other unforeseeable events.

EVENTS	DISTANCE	APPROXIMATE TIME
1. 10 YEARS GIRLS	2000M	10.00 am
2. 10 YEARS BOYS	2000M	10.30 am
3. 11 YEARS GIRLS	3000M	11.00 am
4. 11 YEARS BOYS	3000M	11.30 am
5. 12/13 YEARS GIRLS	3000M	12.00 pm
6. 12/13 YEARS BOYS	3000M	12.30 pm

To help your child prepare for this event, there will be lunchtime training leading up to the event. You are also encouraged to train with your child at home.

Parents are invited to attend this event to support their child. We do ask for parents to refrain from entering the course and gathering around the finish line as students will be supported by BDSSA staff during their event. All parents attending the Bundoora District Cross Country to support their child must adhere to School Sport Victoria's Spectators' Code of Conduct which can be found at <http://www.ssv.vic.edu.au/Downloads%20Library/Codes%20of%20Conduct.pdf>

If your child does not wish to participate in this event, please return the section below so that he/she can be replaced by another student. Students who are scheduled to attend the Grade 4 excursion on the same day can choose to attend either the Cross Country event or Grade 4 excursion.

PERMISSION NOTE AND PAYMENT TO BE RETURNED BY WEDNESDAY 16TH MAY. LATE NOTES WILL NOT BE ACCEPTED.

Thankyou
Kirsten Smith
Physical Education Teacher



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BUNDOORA DISTRICT CROSS COUNTRY 2018

I consent to my child _____

of class _____ taking part in the B.D.S.S.A. Cross Country Competition at Bundoora Park,
Plenty Rd Bundoora on Wednesday 23rd May 2018.

I authorise the teacher in charge of the excursion to consent, where it is impracticable to communicate with me, to the child receiving such medical or surgical treatment as may be necessary should the situation arise.

- I have paid on Qkr
- I have paid at the office
- I have enclosed payment

I have enclosed a non-refundable amount of \$14.00.

My child suffers from asthma: YES / NO (If yes, your child should carry Ventolin with them on this day)

Any other medical condition: _____

Emergency Contact Phone Numbers _____

Parent's Signature: _____ Date: / /

My child in grade DOES NOT wish to
participate in the B.D.S.S.A. Cross Country Competition at Bundoora Park, Plenty Rd Bundoora on
Wednesday 23rd May 2018.

Parent's Signature:..... Date: